

X-COUNTRY - FALL, 2025

<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>Dis/Depart</u>
Tues. Sept. 30	San Dieguito Park Lower Parking Lot	3:30	2:30/2:40
Mon. Oct. 6.	La Jolla Shores Kellogg Park	3:30	2:20/2:30
Tues. Oct 14.	Lake Miramar	3:30	2:15/2:25
Mon. Oct.27	Canyonside 12350 Black Mt. Rd.	3:30	2:20/2:30
Thurs. Nov.6*	Championships* San Dieguito Park	3:15	2:15/2:20



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* Team members need to run in at least one meet in order to compete in the Championships on November 6th.