











THE RHOADES SCHOOL PRESCHOOL

SNACK MENU ~ MAY 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
					1 AM Mini bagels (1) & Apple slices (1/3 C.) PM Cutie orange (1) Pretzels (1/3 C.)	
	4 AM Cheerios (1/3 C.) & Mixed berries (1/3 C.) PM Wheat thins (1/3 C.) & String cheese (1)	5 AM Animal crackers (1/3 C.) Grapes (1/3 C.) PM Strawberries (1/3 C.) & Graham crackers (1)	6 AM COOKING CLASS WITH MISS MARIAM PM Cutie Orange (1) & Cinnamon Rice Cake (1)	7 AM Blueberries (1/3 C.) & Breakfast Bar (1) PM Carrot sticks (1/3 C.) & Cantaloupe (1/3 C.)	8 AM Pineapple (1/3 C.) Strawberry yogurt (1/3 C.) EARLY DISMISSAL (Professional Development)	
	11 AM Nilla wafers (1/3 C.) & Cutie orange (1) PM No sugar apple sauce (1 C.) & Life cereal (1/3 C.)	12 AM Blueberries (1/3 C.) & Graham crackers (1/2) PM Banana (1/2) & Cheerios (1/3 C.)	13 AM COOKING CLASS WITH MISS MARIAM PM Cantaloupe (1/3 C.) Ritz crackers (1/3 C.)	14 AM Mini bagels (1) & Apple slices (1/3 C.) PM Cucumber (1/3 C.) & Goldfish (1/3 C.)	15 AM Rasin bread (1) & Sliced apples (1/3 C.) PM Wheat thins (1/3 C.) Watermelon (1/3 C.)	
	18 AM Breakfast bar (1) & Strawberry yogurt (1/3 C.) PM Sliced apples (1/3 C.) & Cheese Itz (1/3 C.)	19 AM Banana (1/2) & Life cereal (1/3 C.) PM Pineapple (1/3 C.) & Goldfish (1/3 C.)	20 AM COOKING CLASS WITH MISS MARIAM PM Watermelon (1/3 C.) & Ritz crackers (1/3 C.)	21 AM Strawberries (1/3 C.) & Animal crackers (1/3 C.) PM Sliced apples (1/3 C.) & Wheat thins (1/3 C.)	22 AM Honeydew (1/3 C.) & Graham crackers (1/3 C.) PM Chex mix (1/3 C.) & Carrots (1/3 C.)	
	25 NO SCHOOL (Memorial Day)	26 AM Breakfast Bar (1) & Mixed berries (1/3 C.) PM Strawberry yogurt (1/3 C.) & Nilla wafers (1/3 C.)	27 AM COOKING CLASS WITH MISS MARIAM PM No sugar applesauce (1/3 C.) & Pretzels (1/3 C.)	28 AM Life cereal (1/3 C.) Cantaloupe (1/3 C.) PM Wheat thins (1/3 C.) & String cheese (1)	29 AM Breakfast bar (1) & No sugar applesauce (1/3 C.) PM Animal crackers (1/3 C.) & Cutie orange (1)	

*All snacks are served with filtered water. Fruit selection subject to availability.