











THE RHOADES PRESCHOOL

SNACK MENU ~ JUNE 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<p>1 AM Mini bagels (1) & Apple slices (1/3 C.)</p> <p>PM Cutie orange (1) & Pretzels (1/3 C.)</p>	<p>2 AM Life cereal (1/3 C.) Cantaloupe (1/3 C.)</p> <p>PM No sugar applesauce (1/3 C.) & Pretzels (1/3 C.)</p>	<p>3 AM COOKING CLASS WITH MISS MARIAM</p> <p>PM Wheat thins (1/3 C.) & String cheese (1)</p>	<p>4 AM Breakfast bar (1) & No sugar applesauce (1/3 C.)</p> <p>PM Animal crackers (1/3 C.) & Cutie orange (1)</p>	<p>5 AM Honeydew melon (1/3 C.) & Rasin bread (1)</p> <p>PM Frozen fruit bars (1) &</p>	
	<p>8 AM Cheerios (1/3 C.) & Mixed berries (1/3 C.)</p> <p>PM Wheat thins (1/3 C.) & String cheese (1)</p>	<p>9 AM Animal crackers (1/3 C.) Grapes (1/3 C.)</p> <p>PM Strawberries (1/3 C.) & Graham crackers (1)</p>	<p>10 AM COOKING CLASS WITH MISS MARIAM</p> <p>PM Cutie Orange (1) & Ritz crackers (1/3 C.)</p>	<p>11 AM Blueberries (1/3 C.) & Breakfast Bar (1)</p> <p>PM Carrot sticks (1/3 C.) & Cantaloupe (1/3 C.)</p>	<p>12 AM Pineapple (1/3 C.) Strawberry yogurt (1/3 C.)</p> <p style="text-align: center;">EARLY DISMISSAL</p>	
	<p>15 AM Nilla wafers (1/3 C.) & Cutie orange (1)</p> <p>PM No sugar apple sauce (1 C.) & Life cereal (1/3 C.)</p>	<p>16 AM Blueberries (1/3 C.) & Graham crackers (1/2)</p> <p>PM Banana (1/2) & Cheerios (1/3 C.)</p>	<p>17 AM COOKING CLASS WITH MISS MARIAM</p> <p>PM Cantaloupe (1/3 C.) Wheat thins (1/3 C.)</p>	<p>18 AM Mini bagels (1) & Apple slices (1/3 C.)</p> <p>PM Cucumber (1/3 C.) & Goldfish (1/3 C.)</p>	<p>19</p> <p style="text-align: center;">NO SCHOOL (Juneteenth)</p>	
	<p>22 AM Breakfast bar (1) & Strawberry yogurt (1/3 C.)</p> <p>PM Sliced apples (1/3 C.) & Cheese Itz (1/3 C.)</p>	<p>23 AM Banana (1/2) & Life cereal (1/3 C.)</p> <p>PM Pineapple (1/3 C.) & Goldfish (1/3 C.)</p>	<p>24 AM COOKING CLASS WITH MISS MARIAM</p> <p>PM Watermelon (1/3 C.) & Ritz crackers (1/3 C.)</p>	<p>25 AM Strawberries (1/3 C.) & Animal crackers (1/3 C.)</p> <p>PM Sliced apples (1/3 C.) & Wheat thins (1/3 C.)</p>	<p>26 AM Honeydew (1/3 C.) & Graham crackers (1/3 C.)</p> <p>PM Chex mix (1/3 C.) & Carrots (1/3 C.)</p>	
	<p>29 AM Rasin bread (1) & Sliced apples (1/3 C.)</p> <p>PM Chex mix (1/3 C.) Watermelon (1/3 C.)</p>	<p>30 AM Breakfast Bar (1) & Mixed berries (1/3 C.)</p> <p>PM Strawberry yogurt (1/3 C.) & Nilla wafers (1/3 C.)</p>				

*All snacks are served with filtered water. Fruit selection subject to availability.